

## Therapy Session Prices

From home, Skype, FaceTime, WhatsApp Video, Zoom, telephone and even email therapy sessions, I'm here to work around your commitments.

Booking package sessions could save you up to 15% with reduced rates available on 8, 16 and 30 session packages.

Every initial individual session includes a free and extra 30 minute assessment - sessions are 1 hour.

Sessions can be individual, in couples or groups.

No. of Sessions	Individual Assessment & Treatment Session
1	£200
8 (SAVE 5%)	£1,520 (SAVE £80)
16 (SAVE 10%)	£2,880 (SAVE £320)
30 (SAVE 15%)	£5,100 (SAVE £900)